

Workbook audio scripts

Unit 1 Social networks

Listening Extra, Ex. B, C, and D (p. 9)

ANDREA

Dan Hey, Andrea, do you still keep in touch with your college roommate?

Andrea No, we don't really keep in touch. I mean, occasionally, we'll send a card or something. But she doesn't live here now, so...

Dan But you were really good friends, right?

Andrea Yeah... I guess I just got busy with work, and she did, too. I mean, we didn't fall out or anything. We just kind of stopped calling after a while.

Dan So you just hear from her like on birthdays and stuff?

Andrea Yeah, she's always been thoughtful like that. But anyway, why do you ask?

Dan Oh, I was just wondering. I saw her on a social network site the other day.

Andrea Yeah, it's too bad. I mean, it'd be nice to keep in contact with everyone, but you just can't.

NURAY

Andy Do you ever look up any of your old friends online, Nuray?

Nuray Well, yeah. Sometimes I'll try and find old friends. You know, to see where they're working and everything. I mean, I'm not interested in their day-to-day stuff. I hate that.

Andy Yeah... And have you ever contacted any of your old boyfriends?

Nuray No. My boyfriend tends to be a bit touchy about things like that. And I don't want him to accuse me of seeing someone else! But anyway, why do you ask? Are you thinking about getting in touch with an old girlfriend?

Andy Um, yeah – there's one girl. I don't really know why we broke up... I kind of regret it...

Nuray Well, you have to think carefully before you contact old boyfriends and girlfriends.

OSCAR

Melanie Oscar, I can't believe how many friends you have online!

Oscar Yeah, I know. I don't keep in touch with all of them, though. That would be impossible.

Melanie So you just check out their profiles?

Oscar Yeah, and I'll read the messages people post on my profile. I'm constantly checking those out. It's fun. Though every once in a while someone will post a mean comment – people can be a bit weird. I mean, it upsets me, occasionally.

Melanie So what do you do if they do that?

Oscar I'll just "unfriend" them. I guess you can't worry about everything people write about you.

CHRISTA

Kathy It's great to see you after all this time, Christa. So, tell me all about your life for the last ten years!

Christa Well... I married a really sweet guy a couple of years ago. And we moved here to New York...

Kathy Yeah. I couldn't believe it when I saw you were here! So what happened with your old job?

Christa Well, I had to quit and look for a job here, but you know, I got rejected so many times. I mean, I finally found something in sales. It's not ideal, but it's OK.

Kathy So do you still travel a lot?

Christa Yeah. I'm constantly flying some place. But when I'm traveling, I usually video chat with my husband. So actually, it's not too bad... I think video chat is the best way to communicate with people really.

Unit 2 The media

Listening Extra, Ex. B (p. 17)

Host Welcome to *Talk Tuesday*. Today's show is about kids and television. Recent research on television viewing shows that the average American child spends up to 32 hours a week watching television. The big media companies are turning their attention more and more to this important young audience, and there is now a huge debate about the relationship between children and TV. On the one hand, some parents argue that media companies should make more educational shows. On the other hand, some parents say that children should be able to watch television just for entertainment. And while there are some parents who say TV is OK for their kids, there are many others who won't let their kids watch any TV at all. Give us a call and tell us what you think...

Listening Extra, Ex. C and D (p. 17)

Host We're ready to take your calls. Mike is first... hello, Mike, you're on *Talk Tuesday*.

Mike Hi, thanks, uh... I think it's terrible that kids are spending so much time watching TV. That's almost the same number of hours that an adult spends at work, which is awful. I don't have a television – I've never owned one.

Host So you've never had a TV?

Mike No. And I think everyone with children should get rid of their TVs. The problem is that, well, first of all, all the commercials. All the advertisements for toys, for junk food... kids shouldn't be watching those. Secondly, I don't want my kids to identify with actors on TV. What's important is that they see *real* people as role models. You know what I think?

A child who spends 10,000 hours reading, doing a sport, or learning a hobby will learn something. A child who spends 10,000 hours watching television learns nothing, which is just a waste of time.

Host Mike, thanks for calling in. Michiko is next. Michiko, you're on the air.

Michiko Hi. Thanks for taking my call. What's interesting is that so many people talk about the negative effects of TV on children. But you know, most parents aren't trained teachers, and it's very helpful to have another way to teach things to children. There are some great TV shows and kids can learn a lot from them. Schools can't teach my kids everything! If I want them to learn Spanish, and there's no Spanish teacher at their school, who's going to teach them? I don't speak Spanish. So I let them watch TV shows in Spanish, which I think is great.

Host Thanks for calling, Michiko. Next we have Angelo. Hi, Angelo.

Angelo Yeah, hi, um . . . It's interesting that so many people are so concerned about TV. I don't really understand it. I mean, really it's just common sense. If you don't like a certain TV show, which happens, then don't let your kids watch it. You don't have to get rid of your TV! And if you think a show is OK, then let your kids watch it. You know, experts claim that kids watch too much TV, but it's clear that TV has been around for a long time, and we have a lot of very intelligent people around who grew up watching it. So I'm not sure there's really a problem with TV, . . .

Host Thank you. That's all we have time for. Please continue the discussion on our website, where you can post comments and connect with other listeners. This has been *Talk Tuesday*. Thanks for listening.

Unit 3 Stories

Listening Extra, Ex. B, C, and D (p. 25)

Sammy You've got some interesting things on your bookshelf here, Justin.

Justin Yeah, I like to keep special things there so I can see them. They remind me of people and things that have happened in my life. I guess there's kind of a story behind each one. Like this old leather journal, which is the first journal I ever got.

Sammy It's nice. How did you get it?

Justin My mother gave it to me years ago. And um, **when I look back**, . . . I think she was trying to teach me something about why I should lead a good life or something. Because at the time I'd been struggling with school, making the wrong kinds of decisions and hanging out with the wrong kind of friends and stuff. **So anyway**, she gave me this journal, just before I graduated from high school. And when I opened it, she had written this poem, and it said something like my future was before me like a field of white snow and that every step I took was going to show. And she said "Fill this book with good memories."

Sammy That's so cool. It's no wonder you still have it. And what's the story behind this baseball cap?

Justin That is Jeff Lim's baseball cap – he was my roommate in college – Chinese guy – fantastic baseball player, unbelievable; he played on the college team from day 1. Nice guy, too. **When I**

think about it, . . . he was probably my best friend in college. We were best buddies. It's no wonder really. We shared a room for three years and *never* had an argument. Great guy. **Anyway, getting back to my story**, it was the last day of college and we were packing up and getting ready to leave and everything, and I said "Jeff, it's been a great three years. I hope we'll stay in touch" and Jeff said, "Yeah man." Then he left – he was going back to China. I went downstairs with him and we said good-bye, and then when I went back into the room, he had left his baseball cap on my bed with a note that said, "Give this back to me next time." I haven't seen him since that day.

Sammy That's so amazing. Why did he give you his cap?

Justin Because I'd always liked it.

Sammy Aww, that's so nice. I hope you can give it back to him one day.

Justin Yeah. And this picture – I bought this in Florida a couple of years ago. I had gone away with some friends. **Looking back**, I think it was the first real vacation I'd ever taken with my friends, and we spent all our time on the beach. We had so much fun . . . So I bought this – so I could always remember that vacation.

Sammy And did you write about it in your journal too?

Justin Sure. I write something in it every week.

Unit 4 Working lives

Listening Extra, Ex. B, C, and D (p. 33)

Host Is your job boring or not very rewarding? Do you feel that you're stuck in a career that's really not "you"? Well, today's guest, career expert Maria Maldez says that quitting your job, oddly enough, can sometimes be a **good** strategy. So, Maria, are you really telling people to quit?

Maria Look at it this way. Employers have so many more choices than ever before. And they tend to choose the top candidates. Companies used to choose one person out of ten. Now, with online job sites, they're choosing one person out of 10,000. Obviously, they're going to choose the very best candidate for the job. So, if your job

doesn't challenge you to become the very best at what you do, you should start looking for a job that does.

Host So what if you're going to work every day and you're not really enjoying your job?

Maria Then you may be making a big mistake – by not taking action. You need to start looking for a job that will help you make progress and, most importantly, become the best at something.

Host OK, say I'm trying to decide to stay or not to stay . . . what should I do?

Maria The first thing is to make an assessment of your career – you should review your career at least once a year. Ask yourself: are there enough challenges? Deadlines to meet? Goals to achieve? If there are, then obviously you should stay. You're still learning. However, if everything is "just OK," and there are no challenges, then it might be time to make a career move.

Host Now, we're often told to acquire different types of skills so we can be good at a lot of things. But in fact, you say this is not necessarily a good idea.

Maria Right. When you look for a doctor, do you ask if he or she's a good writer or a master chef? No. The same is true when a company hires top managers. They don't ask, "Can this person do everything pretty well?" They ask, "What's the most valuable skill or knowledge that this person can bring to the job?" So, ask yourself, "What is the one thing I can be the best at?"

Host So if you need a paycheck – like most of us – and you know you should quit, but you can't do it now, what's the solution?

Maria Well, you have to imagine you have quit, but of course, it's best not to tell anyone. What I mean is, start acting like you don't have a job anymore. Get to work and update your résumé, make contacts, and seriously, stop going out to dinner and buying expensive coffees. Imagine that you don't have a salary and save money so that you know what it's like to really quit and have no salary. Then find a job that meets your needs.

Host Thank you, Maria Maldez.

Maria It's been a pleasure.

Unit 5 Challenges

Listening Extra, Ex. B and C (p. 41)

TV Host Have you ever wished you could make a difference? Well, today, we hear from one young person who wanted to change the world. Here's her story.

Sunny My name is Sunny and I'm 26 years old. I've always felt very strongly about world issues. And like a lot of people, I used to say: I wish *someone* would do something about poverty and things like the distribution of wealth and so on. And um, I'd done some research and um, and I decided, if *I* could do something myself, I should. I'd read an article that said 60 percent of people stop giving to charity because they have no idea what happens to all their donations. And, I realized, if these people had known more about the charity, they would still be donors now. So, I thought: what if I created a social networking site that puts donors in touch with charities and helps them stay connected? And that's what I did. You know, a lot of people give money to charity, but there are other ways to help, too.

So, the way the site works is this: suppose you want to donate some money to a homeless program, for example, but you don't know where to find one. Well, you can look at my site and find one. Then if you're a small charity and need money for a project, you can post

a request on the site. So in other words, we match people to charities they might not know about.

I suppose I decided to concentrate on smaller charities because, you know, there are thousands of small charitable organizations and they often have difficulty raising money. And in fact, we look for small donors too, people who can't afford to give a lot, but they want to feel they are making a difference.

One thing that I found out is that lots of people want to support charities in their own city or town. So really it's become a site for local people and local charities, which is great. In a way, local charities often need the most help, and it's nice because you can often see the difference your donations make. It's been really successful. I just wish I'd started on it years ago.

There are lots of educational projects. For example, people like to sponsor college students who are struggling with bills. And then one campaign helped a kindergarten that volunteers had set up in a poor neighborhood. If we hadn't raised money for it, the kindergarten wouldn't have been able to get started. And we were able to raise \$1000 to buy books and toys for it. So yeah, I hope there'll be many more opportunities like this in the future.

Unit 6 Into the future

Listening Extra, Ex. B and C (p. 49)

Man Well, it's just about 3:00, so I'd say we can get started. Good afternoon, and welcome to today's lecture. Today, we're going to be looking at *Challenges in the twenty-first century*. I'd like to begin by thanking Dr. Marta Calvert for coming. As you may know, Dr. Calvert is an expert in the field of environmental science, and I would imagine that many of you are familiar with her work. She has published several papers on the effects of climate change on coastal communities. I'd say that we're going to learn a lot from her this afternoon. So let me turn it over to her to tell you more about her work.

Dr. Calvert Thank you. Can the people in the back hear me? I hope so. You can? Great. So let's get started. Now there should be a handout going around. Did everybody get one? Good.

Today I want to look at the effects of climate change on temperatures and on sea levels in particular. I'll be talking about the impact of rising sea levels on our lives.

First, I'd like to begin by taking a look at some of the research on the rise in sea levels and to put some numbers on it. There are different estimates of the rise in sea levels over the next few decades.

In early 2007, the United Nations published a report on the impact of climate change. The report estimated that the world's oceans would likely rise 7 to 23 inches – or 18 to 59 centimeters by the end of the century.

However, this report did not include the impact of melting ice, especially in Greenland. If this ice melts, then this alone could well cause a rise of at least 16 feet – or five meters.

A more recent study from Norway shows that temperatures have recently been rising faster than ever. If this continues, the report says, sea levels could even rise by 5.3 feet or 1.6 meters by 2100. This research also shows that summer temperatures in the Arctic were higher in the last 40–50 years than at any time in the last 2,000 years. Again, if this continues, the study predicts that the Arctic Ocean will likely have no ice at all during the summer months, which will inevitably make the situation worse.

Does anyone have any questions or comments? No? In that case, let's move on.

OK. So, I'd like to move on and look at the impact of rising sea levels on four specific areas: First, I'll be talking about the environmental impact – the effects on plants and animals.

Second, I want to look at the effect on weather and climate – in particular the effects of floods and storms.

Third, I'll talk about the impact on our water supplies.

Finally, I'll conclude by considering the economic impact of all of this on industries such as tourism and fishing.

So I would imagine many of you . . .

Unit 7 Getting along

Listening Extra, Ex. B, C, and D (p. 57)

Alison You're listening to the *Ask Alison* show. Call in and tell me **your** complaint. Let's get started. Mark is our first caller today. Hi, Mark. What's your complaint?

Mark Hi. Thanks for taking my call. Um, my brother, Chris, comes over for dinner a few times a month. I mean, it's just casual – pizza or pasta – you know, nothing fancy. But the thing is, he never shows up on time, which is really annoying. You know, I do the cooking and then I end up waiting to eat . . . And another thing is, I have to do the dishes every single time. You know, he never helps me clean up afterward. He acts like he's in a restaurant! I mean, I know he's family, but . . .

Alison It's no fun having a guest who always takes and never gives. It's important for your brother to know that this is not OK. Since he comes to your home regularly, it's time to say something. Just say, "Chris, I always look forward to having you over. But it would be great if you could arrive on time and help me clean up after dinner." OK. Our next caller is Laura, and she has a few problems with a friend.

Laura Hi! Here's my complaint. So, my roommate, Mariela, and I do everything together. But we have another

friend, Carrie, who lives across town. The problem is she's always inviting herself to do things with us. So if she hears about our plans, she'll show up wherever we are and tag along with us – sometimes for the whole weekend. We've tried telling her gently that she's not welcome unless she's invited, but she doesn't get it. I'm not saying we want to drive her away completely, but we want to do things on our own, too, sometimes. So how do we get her off our backs without offending her?

Alison Since you've tried to tell Carrie gently, you must now tell her clearly. Simply say that you don't want to hurt her feelings, but sometimes you and Mariela want time together to hang out by yourselves – without her. In other words, don't be too gentle; be firm.

Berto is our next caller. What's the problem, Berto?

Berto Well, it's my girlfriend . . . We've been going out for six months now, and she's always wanting us to do things together. I work really long hours, you know and I feel as if she's putting pressure on me all the time. She's driving me crazy! I never have any free time for myself or for my friends. How can I make her understand that I need time for myself, too?

Alison Berto, have you tried going over this with your girlfriend? I think that you both need to work on this together to find a solution. You need to find a balance. Quite frankly, your girlfriend needs to find something else to do, so you can have some time to yourself and also find time to be with your friends. Schedule a couple of regular date nights – say,

Wednesdays and Fridays. Tell your girlfriend you'll see her then, and tell her clearly that Saturday night is your time. Then you'll still have time for yourself and for your other friends.

Well, that's all we have time for today. Thanks for calling *Ask Alison*. I'm Alison Duffy, and I look forward to chatting with you soon!

Unit 8 Food science

Listening Extra, Ex. B, C, and D (p. 65)

Host Today we're looking at nutrition and what research tells us about the effects of certain foods on our bodies, especially "smart foods" – that is foods that are particularly good for you. With us in the studio is Nadia El-Gammal, who has written three books on the subject of nutrition on health. Nadia, thanks for joining us!

Nadia I'm happy to be here. Thanks for having me on your show.

Host So, what we eat can have a powerful effect on our brain, right? For example, certain foods like blueberries for instance may have an effect on the brain and can improve our mood and how we feel generally.

Nadia Yes, that's right. Recent studies have shown that blueberries can help improve both your mood – or your mind – and the rest of your body. The brain isn't the only thing that benefits. Blueberries may keep your eyesight from deteriorating, they might also help protect you from getting certain types of cancer, and they even help lower your blood pressure.

Host So we're talking about a super fruit, then!

Nadia Yes, that's right. And then take other fruits like avocados, for example. They are almost as good as blueberries.

Host So is an avocado a fruit? Aren't avocados considered vegetables?

Nadia No, an avocado is a fruit. Many people don't realize that.

Host OK, so, why should we be eating avocados?

Nadia Well, avocados are really good for the heart. They can keep you from getting heart disease. And we all know that as a bonus, avocados can prevent your skin from aging.

Host OK. Sounds like two really good reasons to throw some avocado into your salad a few times a week. So what are some other smart foods?

Nadia Well, there's coffee – which can also be good for you. Though it's best to avoid coffee with cream and a lot of sugar. Cream and sugar just add unwelcome calories. If you want to drink coffee, drink it black or with a little low-fat milk.

Host Really? I thought coffee was bad for you. I mean, doesn't it cause problems sleeping?

Nadia Well, that depends on the person. It does sometimes. Generally, though, coffee is thought to protect your brain cells from deteriorating, especially in old age.

Host Interesting.

Nadia And then of course there's fish.

Host Ah, yes, fish.

Nadia Everyone knows that fish has many health benefits. For example, it can help lower your risk of getting heart disease, but did you also know that it may also help with depression?

Host No, I didn't.

Nadia Well, it's been shown in many studies, that, if eaten regularly, fish can actually reduce the risk of depression. Just eat fish a couple of times a week to stay healthy in mind and body.

Host So is that true of all fish or are some better than others?

Nadia The best fish by far is salmon. And the best of all of course is wild, not farmed salmon.

Host Hmm, that sounds expensive. What about those of us who can't afford wild salmon once or twice a week?

Nadia You can buy canned fish. And there are other fish that are almost as good, such as bluefish – it has a lot of good fats, and it's not expensive.

Host OK, so the next time I'm at the supermarket, I'll know what to buy! I'm afraid we're running out of time for today, so we'd better stop there. Many thanks.

Nadia My pleasure.

Unit 9 Success and happiness

Listening Extra, Ex. B, C, and D (p. 73)

Rob You know, Laurie, every lecture that Professor Blake gives is good – but I thought the one today was really interesting.

Laurie I know, Rob. I was sitting in the lecture, thinking about it. You know, what success is. Like, really . . . are people successful *just* because they work hard and make lots of money?

Rob I know. It has to be more complex than that. I mean, neither of my grandparents was particularly successful – in terms of earning a lot of money or as far as careers go – but as far as I know, they both considered themselves to be successful in life. You know, they enjoyed their family and . . .

Laurie Yeah, as far as I'm concerned, being successful is not really about work. Well, at least it's not *the* most

important factor. I suppose when it comes to success, it's having anything that society values, and that could be friends, close family, and just being around nice people. I mean, that seems more important . . .

Rob Right . . . Actually, I went online after the lecture – I was in the hallway, waiting for you – and I checked out a few articles about success, and nearly all of them were saying that being successful makes people happy. But then I found this one article – it was research they did – I forget where . . . some university, and it showed the opposite: that actually people become successful *because* they are happy.

Laurie So happiness leads to success? Not the other way around?

Rob Exactly. So I guess all we need to do is learn how to be happy!

Laurie Interesting. But why are happy people more successful?

Rob Well, it said happy people are more likely to try new things. I guess happy people tend to have a lot more things going on in their lives, and they challenge themselves.

Laurie And then they feel even happier, and more positive, and that results in success at work, and good relationships and better health and everything. So for example, people who are wealthier: that's because they are happy?

Rob Yeah. They're not happy because they make a lot of money. They're happy first, and that leads them to their wealth. The researchers said if you spend more time being positive, then you'll be more successful.

Laurie Well, I guess that follows, actually. I mean, I can totally see that. So does that work for whole countries, too?

Rob Well, these researchers seemed to think so. They said governments should have policies that make happiness a priority.

Laurie So like what, for example?

Rob Like good health programs and good public transportation and safety . . . the same kinds of things that Professor Blake talked about . . .

Unit 10 *Going places*

Listening Extra, Ex B, C, and D (p. 81)

Haley Hi Rick! I haven't seen you in a while. What have you been up to?

Rick Hi there, Haley. Actually, we just got back from one of those eco-tours.

Haley Oh, how neat!

Rick Yeah, we were kind of tired of relaxing at beach resorts. We were just ready for something different.

Haley So what was it like? I heard they're amazing.

Rick It was. We were so impressed with everything, we had incredible places to stay, went into the most beautiful rain forests, saw a volcano, and then the wildlife was just amazing.

Haley Sounds cool! I read that eco-tours are becoming more and more popular.

Rick Yeah, well, there were quite a lot of tourists around generally – you know tourism's pretty important. I mean it's a major source of revenue for all the countries we visited. I think they get like more than a million tourists a year at one place we went to.

Haley Really? Wow.

Rick Yeah. Our guide said that the number of tourists had increased by around 6 percent or something over the past few years. I guess it's a kind of challenging situation for their company.

Haley Challenging, in what way?

Rick Well, like tourism has all these economic benefits, but I guess it brings a lot of problems, too. Like tourists really want to see the wildlife, but it's those animals and plants – you know, that are endangered – that really need the most protection.

Haley So what you're saying is that eco-tourism kind of has a negative impact on the environment?

Rick Well, maybe. Take one of the national parks we went to, for instance. I mean, Our guide told us that on some days they have up to 1,000 visitors. He said it's a real threat to the wildlife and vegetation. And he told us that monkeys weren't even frightened by tourists anymore, and that they'd started to eat all the trash they left behind, you know.

Haley That sounds kind of depressing.

Rick It is. Though apparently they're starting to limit tourist numbers in some of the parks so fewer people will go there.

Haley I see what you mean. I guess it's hard for them to turn away paying visitors then, especially when they need the money to preserve the forests.

Rick Yeah, so the challenge is managing tourism in a responsible way. I mean, eco-tourism is a good start. Like when we visited a nature reserve, we paid a \$15 entrance fee, but we also took a local flight to San José, and we used the local buses and we ate at some local restaurants and stuff . . . And our guide also said that tourists were helping all these countries' coffee markets.

Haley In what way?

Rick Well, he said tourists drink two cups of coffee every day on average, which brings in over \$16 million or something just to one country alone. So I guess that helps.

Haley So I guess overall eco-tourism is probably a good thing, right?

Rick I think so. I mean, it seems like it provides revenue, and jobs for local people. And I guess people who

go on these tours get a better understanding of environmental issues.

Haley Yeah, I guess so.

Listening Extra, Ex. E (p. 81)

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Haley Yeah, I guess so.

Unit 11 Culture

Listening Extra, Ex. B and C (p. 89)

Diana Hi, Atsuko! How are you? It's so good to see you. I haven't seen you in ages.

Atsuko I know. I've been out of town. But thanks for calling. It was perfect timing.

Diana Yeah, no. I'd been meaning to call you. So, were you away on business?

Atsuko Actually, no. I just got back from Hawaii, where my friend got married. I was one of the bridesmaids. We're old college roommates, so... yeah, it was fun.

Diana Oh, nice. So does your friend live in Hawaii?

Atsuko Actually, no. She's from Tokyo. I guess they just decided to get married there. Destination weddings seem to be pretty popular these days.

Diana Yeah, no. My cousin and her fiancé went to the Caribbean to get married. They just wanted to go to an island, where they could get married quietly, without all the usual fuss. They didn't want a big, religious wedding or anything. So they just had a reception on the beach where they got married and yeah...

Atsuko Nice. Yeah. Well, we had a lot of fun. It was kind of like going on vacation. And we got to see all our old friends and hang out for a few days. It was perfect.

Diana So they didn't have a traditional Japanese-style wedding?

Atsuko No, they had a Western-style wedding, you know, the bride wore a white wedding dress and all that. Though they got married in a hotel. It was beautiful, though. And there was this really sweet moment, when we all cried. Her dad hasn't been very well, and he's in a wheelchair

at the moment. And anyway, she pushed him down the aisle. It was so touching.

Diana That is nice. I always cry when the couple says their vows. I think that's the nicest part of any wedding.

Atsuko Yeah, no. And the reception was really nice, too. So, yeah. It was a great trip. The only thing is, of course, that it was a bit expensive to go out there. And the hotel was a little pricey.

Diana Oh, I know. That's why I didn't go to my cousin's wedding. It was too expensive. So, we just bought a nice gift for them. It's kind of hard choosing wedding gifts, though, don't you think? I never know what to buy.

Atsuko You know, I didn't even give a gift to my friend. I mean, after paying for the flights and everything. But she was OK with that. I guess that's the main problem with having your wedding overseas like that. I mean, expecting people to pay for the trip.

Diana Yeah, no. You can't expect everyone to pay for a trip and then send you an expensive gift as well...

Listening Extra, Ex. D (p. 89)

1. Atsuko Destination weddings seem to be pretty popular these days.

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Unit 12 Ability

Listening Extra, Ex. B and C (p. 97)

Interviewer Hello, and welcome to *A Passion for Fashion*. My guest today is one of the fashion world's highly respected young fashion designers, Maxine Rothman. Welcome, Maxine.

Maxine Hi. Thank you. Nice to be here.

Interviewer OK, so Maxine. When did you first know that you wanted to be a designer?

Maxine Well, even as a kid, I was fascinated by colors and clothes – in fact I was more interested in clothes and drawing pictures of them than any toys I had. And I was only interested in real clothes. You know, dressing up dolls and all was never my thing.

Interviewer Right. Now, do you think you were born with a talent for design, or did you learn it?

Maxine Actually, probably both. But you know, from

a young age, I found I was capable of creating designs that were technically pretty good. That's partly because my mother was a fashion designer, and I learned a lot by watching her work. She did a lot of her work at home ... She designed formal clothes for women, like suits and work wear – that kind of thing.

Interviewer So was she a big influence on you?

Maxine Oh no doubt about it.

Interviewer Because you also only design clothes for women, right?

Maxine Yes, that's right. But I design more casual clothes – clothes with a relaxed feel, light colors.

Interviewer And how did you get started in your career as a professional designer? Did your mother get you into it? Did you start out working for your mother?

Maxine No, actually, I didn't. And she never forced me into it, but she was always very encouraging. She helped me find my first job in a top fashion house in Paris, where I worked with an incredibly gifted designer. I really benefited from his knowledge. He taught me to work under pressure and to be disciplined as well as creative. In the ten years I worked there, I felt my designs got better and better.

Interviewer But then you started your own clothing company.

Maxine Yes. I wanted a new challenge and to be my own boss, take control of things. And I have to say, it's been remarkably successful.

Interviewer That's wonderful! It also sounds incredibly stressful.

Maxine There's no doubt about that. But it's worth it. Having my own company gives me the opportunity to promote my ethical approach to fashion.

Interviewer You talk a lot about this ethical approach. Ethical in what way?

Maxine Well, I'm trying to shine a light on the problems of the fashion industry. There are so many fashion companies where workers are badly paid. We like to treat our workers fairly and pay them properly, better than the average. And also the materials that are used are often grown with chemicals that pollute the earth and that kind of thing.

Interviewer So how do you deal with that?

Maxine Well, ethical clothing also means being environmentally responsible and using organic materials, like organic cotton. We want to take chemicals out of the process as much as we can. Also, we make clothes to last more than one season. We don't believe it's right to wear something a few times and then throw it away.

Interviewer That's something for us all to think about. Thank you, Maxine Rothman, and thank you for listening to *A Passion for Fashion*. Good-bye!